

ALL SERVICES  
ON ONE SITE  
ACCOMODATION,  
RESTAURANTS  
AND SPORTS  
EQUIPMENTS

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CONTACT US

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Daily from 8.30am to 12.30pm  
andfro 1.30pm to 6.30pm  
+33 5 53 01 08 33  
[contact@la-base.com](mailto:contact@la-base.com)

SPORTS  
COMPLEX

TEMPLE-SUR-LOT

# LA BASE

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Our strength is to gather all services into one single location. From the moment you check in to your departure you do not need to take any further transportation. Accommodation, catering and training facilities are at walking distance from each other. Our professional team helps you organize your stay, coordinating your nutrition requirements, booking your transfer from/to the airport, etc.



## RATE

Full board at 55€/day. Our rate includes the usage of our training facilities.

# SPORTS FACILITIES

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## THE RIVER

- Direct access to the pontoon from your accommodation building
- A 16 mile stretch without flow
- Boat sheds

## GYMNASIUM

- 2 wooden flooring sports halls
- Massage and treatment rooms
- Seating capacity : 350 to 900

## GYM & POOLS

- 2 fully equiped weight rooms
- 1 indoor heated pool and 1 summer pool
- Sauna

## OUTDOOR FIELDS

2 sports halls, football field, tennis courts, beach volley court, mountain bikes, etc.

## ACCOMODATION

- Rooms with 1 to 4 beds with en suite bathroom, wifi and TV.
- Daily room cleaning and laundry services.
- Meeting rooms & fully equipped common rooms.
- Our full board includes a healthy breakfast, lunch, afternoon snack and dinner. All meals are prepared on site from fresh local food. Our Chefs prepare your meals based on your nutrition requirements

